

Etquljewiku's/May



2026

Tia'm = Moose

Kepmite'tiqn = Respect

Ekntie'wimk Sunday	Amskwesewey Monday	Ta'pueway Tuesday	Sistwewy Wednesday	Nw'wewey Thursday	Kweltamultimk Friday	Kespitek Saturday
					1 U16 Badminton @ Wagmatcook Chicken Wrap	2
3	4 POD Mtg Gr. P-6 All Staff Mtg 3:10pm Hamburger Tomato Macaroni	5 MMiW Day (Red Dress Walk) 10:30am Chicken Strips & Rice	6 Meatball Subs	7 Chicken Burgers	8 Kaisers	9
Mother's Day 10	11 Mi'kmaq Language Day Spaghetti & Meat Sauce	12 Soaring Conference- Indspire All Students Grades 9-12 Chicken Wraps	13 Soaring Conference- Indspire All Students Grades 9-12 Hamburger Gravy & Dubs	14 Chicken Fajitas	15 Cheesy Burgers	16
17	18 Victoria Day No School	19 Bass Fishing Derby Rice & Meatballs	20 Bass Fishing Derby Potatoes, Ham & Veg	21 Gr. P-3 Aquarium Gr. 4-6 Museum of Natural History Soft Tacos	22 Subs & Salad	23
24	25 Macaroni & Meat Sauce	26 Fine Arts Festival @LSK School Hard Tacos	27 Mashed Potatoes & Hamburger Gravy	28 Chicken Burgers	29 Meatball Subs	30 MK Prom Antigonish

Respect = Moose In the 7 Sacred Mi'kmaq Teachings, **Respect (Kepmite'taqn)** is represented by the **Moose (Tia'm)**. It signifies honoring all creation, recognizing the interconnectedness of all life, and treating every living thing with dignity and kindness. The Tia'm, as a provider in Mi'kma'ki, symbolizes this profound honor and the balance of giving.