



Final Itinerary - Sipekne'katik-Pangnirtung Trip

Trip Chaperones:

- Barrett Mason (Group Leader), Kelly Oliver, Chloe Maloney, Jennifer Maloney

Thursday April 24

8:00 PM - Arrive to airport (Chloe & Kaicee)

9:45 PM - Flight to Ottawa (Chloe & Kaicee)

Overnight Hotel: Hilton Garden Inn Ottawa Airport (Chloe & Kaicee)

Friday April 25 - Ottawa Day

8:45 AM - Arrive to Airport (Everyone else)

10:45 AM - Departure to Ottawa (Everyone else) (Air Canada flight AC 2285)

12:00 Noon - Arrive to Ottawa, Check in to hotel

2:00 PM - Taxi to National Art Gallery or Parliament Hill; tour

5:00 PM - Rideau Centre Shopping Mall, Dinner at food court

8:00 PM - Return to hotel for the night

Overnight Hotel: Hilton Garden Inn Ottawa Airport

Saturday April 26 - Travel Day

6:00 AM - Wake up Call

7:00 AM - Departure to airport via shuttle

9:35 AM - Departure to Iqaluit (Canadian North 5T 107)

12:45 PM - Arrival to Iqaluit

2:30 PM - Departure to Pangnirtung (Canadian North 5T 804)

3:30 PM - Arrival to Pangnirtung, Head to Attagoyuk Ilisavik School, Set up

5:00 PM - Dinner at Attagoyuk, Rest

Sunday April 27 - Free Day/Rest Day

All Day - Walking tour of Pangnirtung

Monday April 28 - Community Tour

7:00 AM - Wake up, Breakfast

9:00 AM - Travel to Angmarlik Visitors Centre & Museum

11:00 AM - Tour @ Uqqurmiut Arts Centre

12:00 Noon - Lunch at Attagoyuk

1:00 PM - Orientation at Parks Canada office



2:30 PM - Tour of Fish Processing Plant

3:30 PM - Registration with Conservation Officer (Fishing licenses)

Tuesday April 29 - National Park

7:00 AM - Wake up, Breakfast

9:00 AM - Depart for Auyuittuq National Park (Arctic Circle Marker)

12:00 Noon - Lunch in National Park

2:30 PM - Return to Pangnirtung

Wednesday April 30 - School Presentations

7:00 AM - Wake up, Breakfast

10:00 AM - Travel to Alookie Elementary School - Cultural Presentations & Workshops

12:00 Noon - Lunch @ Attagoyuk

1:00 PM - Cultural Presentations @ Attagoyuk Ilisavik (Grades 6-12)

Thursday May 1 - Art Workshops

7:00 AM - Wake up, breakfast

9:00 AM - Travel to Uqqurmiut Arts Centre - Printmaking Workshop with Andrew Qappik

12:00 Noon - Lunch @ Attagoyuk

1:00 PM - Continue Printmaking Workshop

Friday May 2 - Fishing Lake

7:00 AM - Wake up, Breakfast, Prepare for Land Trip

9:00 AM - Travel via skidoo & qamutiq to Avataaqtuuq Fishing Lake (~1 hour of driving)

Full Day & Lunch at Lake

3:00 PM - Return to Pangnirtung

Saturday May 3 - Community Feast

AM - Wake up, Help set up, Prepare for Feast

PM - Community Feast & Dance, Presentations welcome

Sunday May 4 - Fly to Ottawa

7:30 AM - Wake up, Final pack, Goodbyes

10:00 AM - Travel to airport, Check in

11:00 AM - Fly to Iqaluit (Canadian North 5T 803)

12:00 Noon - Arrival to Iqaluit, 5 hour layover

5:10 PM - Fly to Ottawa (Canadian North 5T 108)

8:25 PM - Arrival to Ottawa, Check in to hotel

Overnight Hotel: Hilton Garden Inn Ottawa Airport



Monday May 5 - Fly to Halifax

6:00 AM - Wake up

7:00 AM - Shuttle to Ottawa Airport, Check in

9:15 AM - Fly to Halifax (Air Canada flight AC 2284)

12:15 Noon - Arrival to Halifax, End of trip!



FAQ for Participants & Parents

Packing & Daily Life

Q: What should I pack?

- Clothing: You'll need layered clothing, enough to be warm in temperatures between -10C and 0C. We will source warm gear for the land trips, but there will be times we walk 15-20 minutes at a time within town. Recommended a pair of light boots for outside, and comfortable shoes/sneakers for indoors. Hats, mitts, jacket.
- If you do not have a certain type of winter gear, please reach out to Barrett and we will make arrangements.
- A full packing list will be sent out prior to departure.

Q: Will there be shower facilities?

A: Yes, there are two showers in the school locker rooms available for use. Since we are a large group, shower time should be limited so others get a chance to use them. Bring

Q: Should I bring my own sleeping bag or towel?

A: We will provide 1x sleeping bag and 1x air mattress for each participant to use (we will be donating these to the school when we leave). All participants should pack their own pillow. Please bring your own towel as well.

Q: Is laundry available during the trip?

A: There is a washer & dryer in the school.

Q: Can I bring electronics (phone, earbuds, etc.)?

A: Yes, but use will be limited during group activities.

Q: How much money should I bring?

A: Participants should bring their own spending money. We will be providing all meals - students will be responsible to buy their own snacks and any souvenir they wish to buy (there will be opportunities to buy print, carving, etc.). We will also visit Rideau Centre for a few hours while in Ottawa.

Q: Will I see the Northern Lights?

A: Northern lights at this time of the year are unlikely but not impossible. The days will be long (sunset ~9:00pm, sunrise ~3:00am), and nights will not be that dark.



Travel & Safety

Q: How are we getting to Nunavut?

A: We will be flying with connecting flights. All transportation will be fully supervised.

Q: Are the land-based activities safe?

A: Yes, all land excursions are organized through Peter Kilabuk of Kilabuk Outfitting Ltd. He has exceptional knowledge of the land, and has been providing outfitting services to visitors for decades. He is fully insured and all activities will have a number of trained guides present. When travelling, students will ride in qamutiik (sleds pulled by snowmobile); they are bumpy but safe. Students will **not** be driving snowmobiles. In the event of an emergency, all outfitters carry emergency satellite transponders.

Q: What happens if flights are cancelled?

A: As we said in our presentation, weather cancellations are not uncommon in the North. If we get stuck in Iqaluit we will stay at the hotels there, and plan for a few activities to fill the time. Our Pangnirtung itinerary will be adjusted to reflect fewer days. We will be leaving Pangnirtung on May 4th no matter what. If we are stuck trying to leave Pangnirtung, we will remain at the school until our rebooked flight leaves.



Example of Qamutiik

Q: Will we have access to cell service?

A: Pangnirtung has 4G LTE Cell Service for all providers **except** Rogers (Rogers will not work). While outside of town on the land, we will be outside of cell service.

Meals & Accommodations

Q: Where will we be staying?

A: While in Pangnirtung, we will be staying at Attagoyuk Ilisavik (the 6-12 School). We will



set up air mattresses in the classroom during the evenings. Since there will be classes for students Monday-Friday, we will clean up and vacate the classrooms after breakfast. We will be busy each day with activities, and when classes end for the day at 3:30 we will be able to set our rooms back up.

Q: Will meals be provided?

A: Yes, we will have three meals each day. We have easy meals for breakfast and lunch (bagels, fruit, cereal, sandwiches, etc.) and prepare hot meals in the evenings.

Q: Can I bring my own snacks?

A: Sure. There are two small grocery stores in the community (Northern and Co-op), as well as a smaller convenience store where students can purchase snacks. However be prepared for higher prices than you are used to.

Expectations & Experience

Q: Will there be free time?

A: There will be some free time in the evenings after our days activities. There are usually open sports at the schools in the evenings, and students can go for walks (always in groups of at least two). There will also be time in the evenings for students to work on their homework.

Q: Do I have to participate in everything?

A: Yes, participation in this trip means you are expected to participate in all planned activities.

Q: What do I do for the School presentations?

A: In groups of 1-2, you will prepare a short presentation on a topic relating to Mi'kmaq Culture - something that is meaningful & important to **you**. This can be a demonstration, game, activity, dance, show & tell on an item, or more. It is best to make it interactive. Remember, since we are guests in the community we need to share parts of our own culture and give back. We will present to small groups (~10 students) for around 10 minutes, and groups will rotate through. We will present to Elementary students in the morning, and Jr High/High School in the afternoon.

If you're having trouble picking a topic, reach out to your chaperone for help.

Sign up for the presentations [can be found at this link](#) - please fill it out with your planned activity.

Q: What if I get homesick?

A: That's totally normal. Our chaperones will be there to support you, and there will be opportunities to check in with home.