

Punamuiku's January

2025

Sacred Teaching: Humility		Sacred Animal: Wolf				
Eknti'wimk Sunday	Amskwesewey Monday	Ta'pueway Tuesday	Si'stewey Wednesday	Ne'wewey Thursday	Kweltamultimk Friday	Kespitek Saturday
			1	2	3 Staff PD No School for Students	4
5	6 Natl Ribbon Skirt Day Students Return to School Spaghetti	7 Chicken Balls with Rice	8 Pizza	9 Chicken Strips & Fries	10 Hamburger Gravy	11
12	13 MacNCheese	14 Hot Chicken Sandwich	15 Meatloaf & Dubs	16 Chicken Drumsticks & Rice	17 Meatball Subs	18
19	20 Hamburger Macaroni	21 Ham & Potatoes	22 Hamburger & Fries	23 Rice & Chicken Strips	24 Kaisers	25
26	27 Chicken Alfredo HS Exam Block D	28 Taco In A Bag HS Exam Block A	29 Chicken Bowls HS Exam Block B	30 Honey Garlic Meatballs HS Exam Block C	31 Staff PD/ Assessments & Evaluations (No School for Students)	

Salad Bar Open Daily

Sacred Teaching of the month: **Humility** is represented by the **wolf**. For the wolf, life is lived for his pack and the ultimate shame is to be outcast. To accept yourself as a sacred part of creation is to know your humility. Live life selflessly and not selfishly. Respect your place and carry your pride with your people and praise the accomplishments of all. Do not become arrogant and self-important. Find balance within yourself and all living things.