

L'nu Sipuk Kina'muokuom

**MERRY**  
**CHRISTMAS**

December 2022



## Acting Principal's Message...

Greg Marr

Kesikewiku's - Winter Time moon

December has to be one of the busiest months here at LSK. Students and staff are busy preparing their monthly schedules for school work, Christmas parties and concerts. We will be posting the time for our annual LSK Christmas concert. This year, LSK will be having a float in the Annual IBVFD Santa Parade.

On December 1st and 2nd, 2022, I will be away for training. Please note that Sharon Culbertson will be maintaining Acting Vice Principal duties for the time being. Special thanks goes out to Eileen Lucas for all her hard work in Administration. Eileen will resume her responsibilities as LSK Guidance Counselor.

Although December may be mild at this time, the weather can change in a flash. We do ask the parents to ensure that we have a set of dry clothes for their child they can leave at school.

This month, we are working together with the Health Center to plan a Memorial for Ms. Patricia Michael. The memorial will take place later on in December. Many of our children were taught by Ms. Michael. We will be asking our children to participate in this event to honour Ms. Michael.

The Junior High Mi'kmaw students will once again be making Christmas Wreaths. Please stay tuned for the December calendar of events for LSK. We encourage teachers to work on developing an outdoor education session with their students to help meet curriculum standards of learning.

In closing, please keep our community members in your thoughts and prayers during this holiday season. On behalf of my family and extended family here at LSK, I would like to wish each and everyone a joyous holiday season and a happy new year.

## Upcoming Events...

5 to 9 - Scholastic Book Fair

13 - Christmas Concert @ 6pm

14 - Rain/Storm Day for the Christmas Concert

21 - Holiday Break Begins

January 03 - Professional Development Day (No School)

January 4th - Students Return to School

## Birthdays...

03 - Jaici Syliboy (11)

04 - McKenna Maloney (1)

04 - Nadalia Paul (2)

05 - Conner Michael (12)

06 - Drazen Meuse (10)

13 - Isabella Francis (07)

17 - Jasper Paul (K4)

18 - Octavius Gehue (k4)

18 - Dalanie Paul (07)

21 - Rosalie Simon (Primary)

23 - Isaiah Brooks (5)

27 - Dallas Maloney (5)

28 - Jeffrey Paul (2)



## Library...

Sharon Culbertson

It is a very exciting time of the year for everyone... especially for our children. Students are excited for the upcoming break as much as they are excited for the arrival of Santa. Being a big kid at heart, I know exactly how they feel. I can't wait for the family gatherings, the delicious treats, shopping, decorating the tree and spending time with loved ones. It means a great deal to have your family around.

With that being said, I am also very excited about the Scholastic Book Fair. It will be arriving in a few days and will commence on Monday, December 5th. Students who normally have scheduled library classes will be able to create their wish lists. The lists will go home with the child. We are hoping to be open until 4pm every day, with one day to be open a bit later. That day and time will be announced at a later date.

The proceeds of the book fair go back into the library inventory or towards purchases for the classrooms. Our last book fair not only bought new books for the library, but also purchased wobble stools for grade five, books for the guidance counsellor and items for a few other programs. I want to thank everyone for their continued support to assist with the purchase of additional items that the students are able to utilize at school.

In closing, I would like to say *thank you* to my Scholastic Book Fair partner, Autumn. I couldn't manage all of this without your assistance and *thank you* Emmaline (grade 6) for bringing out the holiday books and setting up the display.

Wela'lioq!



## Elementary Learning Centre...

Kyle Busche

This December we will be continuing to work on our social and academic skills in the Learning Center. We will be completing some Christmas crafts and making some Christmas ornaments to take home and put on the tree. We are looking forward in the New Year and more adventure in learning!

## Grade Five...

Rae Williams

Kwe,

December is here. The Grade 5's have been working hard on their Genius Hour/Passion Projects. They are very excited to share with each other what they have been working on.

This year, students have chosen a fellow student for Secret Santa. Students are required to create something to give to the other person rather than purchasing gifts. Students will be given class time to complete the gift they chose to make.

We will be going outside throughout the winter so please make sure students have appropriate winter outerwear. If your family requires extra help making sure students have warm clothes, please reach out to us so we can work help students be ready for the winter.

We hope everyone has a safe and wonderful holiday season!!!

Love,  
Ms. Rae and the Grade 5 class

## Grade Primary...

Sheri Brooks

The primary class has been very busy this past month learning lots of new things. We are now working on reading books and writing. We are learning about measurement in math and enjoy finding all the tall and short things in our classroom. We honoured our Veterans at our LSK Remembrance Day service, and learned all about the poppy and those who fought for our freedom. We have been practicing our Christmas concert song. The kids are so excited to perform on the stage this year! We are very excited for the holidays and have been busy learning about how everyone celebrates. We would like to wish Rosalie a happy birthday in December. Happy holidays and happy new years from the Primary class!

Mrs. Brooks



## Grade Four...

Tabetha Stephens

Kwe' from Grade Four,

Wow, December is here! The students are already in the holiday spirit. They are having fun decorating our classroom. December will surely be an exciting and educational month. We are starting our second term. In Science, students are presenting their habitat dioramas and their PowerPoint slides about their animal they researched. They will be presenting them to the whole class. Next, we will start our Light & Sound unit.

In Language Arts, we are doing An Article A Day. This would help to build background knowledge. This knowledge can broaden/build their knowledge on many different topics. This will also help them better understand the topics covered. They will be able to comprehend what they are learning and reading about. We are working on writing letters and short stories. We are almost finished our Real Aloud book called, The One and Only Ivan. When we finish reading the book, we will watch the movie to compare and contrast.

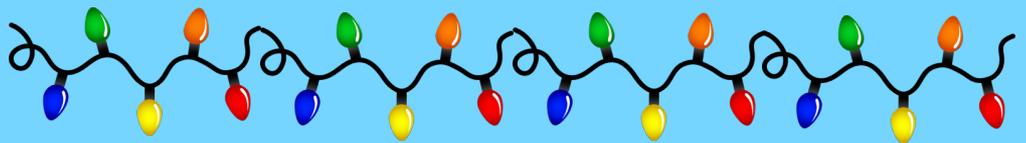
In math, we have finished working on telling time 12-24 hours. The students did well with learning Time. We are starting our Measurement unit next.

The Grade 4s would like to do a Secret Sant exchange. This will take place during our Christmas party late in December. A letter will be sent home with a student's name. To make it fair for everyone, we are asking that you only spend a maximum of \$5 dollars.

A big shout out to Brenda Buck for teaching us to make Beaded Christmas spiders It was fun to learn a new craft.  
Nipi-Alasutmamk- Aq Puna'ne'wimk - Merry Christmas and Happy New Year!

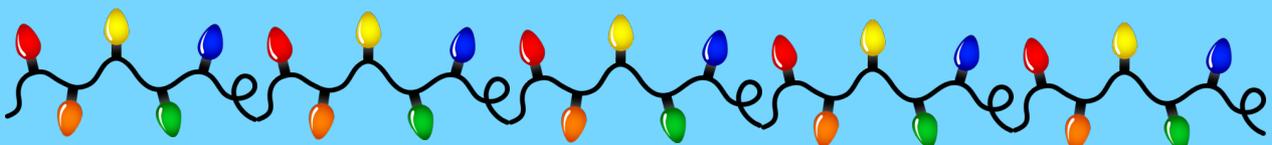
## Grade Two...

Tyler Schussler



November was a month filled with lots of experiences that were both fun and educational. In literacy our class explored a variety of fictional texts that expanded our knowledge of writing, listening and reading. In math, we focused on patterns as students worked through a variety of growing and repeating patterns. Our school also commemorated Remembrance Day during the month of November with a ceremony that the whole school could attend in the gymnasium. It was really nice to have more of a traditional type of Remembrance Day ceremony in which veterans could attend, poetry and readings were down in person rather than over the intercom. Remembrance Day lessons and art activities were also included within the classroom as students learned about the significance of the poppy through books and art work.

As the month of December sets in, we'll continue working on literacy and math skills right up until Christmas break. The big difference is, this time of year is especially fun because Christmas themed activities can be sprinkled into as many lessons as it takes to get everyone in the Christmas spirit. Art and Music will both be heavily influenced by the theme of Christmas too. Student art work will be used to decorate our classroom to help create a Christmas energy within the classroom. It will also be hard not to get into the Christmas spirit as we prepare for our Christmas concert. Covid restrictions changed so many things we do in life, which is why it'll be really nice to be able to attend the Christmas concert in person once again this year. I'm looking forward to the month of December as we continue to grow and learn together.



# Acting Vice Principal...

Eileen Lucas

December News from the Counselor/Acting Vice Principal, Eileen Lucas.

Let me first take this opportunity to thank all the staff and parents for their patience with me, as I transitioned into the role of acting Vice Principal here at LSK School.

So hard to believe that our holiday season will be upon us soon and yet another year will end. Let us all thank the creator for what we have in our lives thus far, and my message to you all is...

*"The more we give from the heart, the more love will spread"*

## Generosity

The gestures of generosity grow deep in the roots of my Mi'kmaq traditions and culture. Even though growing up as children, my siblings and I were silenced to acknowledge we were Mi'kmaq, my parents and elders nevertheless instilled high values of generosity that continued with us throughout our lives. It is so important to continue to encourage generosity with the generations of today, and what better way than to do it every day, but especially during the giving season of Christmas. Following are examples of showing generosity.

### Showing generosity at home

Help your child reflect on all they have and are grateful for. Make a list of all the things they are grateful for so they can consciously focus on what is good in their lives. Begin to start teaching them the value of giving to others. When giving to others, both children and adults feel respected for their efforts, builds their self-esteem, creates a sense of belonging and they are more empathetic.

Below are some inexpensive ways to give during the Christmas season.

1. Bake cookies for shut-ins or your neighbors and family
2. Write cards to soldiers who will not be home for the Christmas season
3. Donate non-perishables to the less fortunate
4. Visit a nursing home or an elder who is shut-in
5. Give a meal to a less fortunate family in your area
6. Find a new Christmas tradition which involves the whole family. Examples may be; cutting down a Christmas tree together, decorating a gingerbread house, or having a family game night. The ideas are endless!

### Showing generosity at school.

Talk with your child about the importance of generosity. Encourage them to try the following each day and have them tell you how they felt after doing them.

1. If someone is upset ask if they are okay or if they need anything
2. Smile! Smiles are contagious
3. Give a compliment to help cheer a friend
4. Say goodbye, good morning, or ask someone how their day is going
5. Hold the door open for their teacher or other students or staff

### Kindness quotes...

*"You do not have to be rich to be generous"*

Author Unknown

*"Kindness is like snow- It beautifies everything it covers"*

Khalil Gibran

## Acting Vice Principal (continued)...

### Importance of self-care for adults and even teens.

With the holidays approaching and time seeming to vanish before our eyes, we have to remember to take time out of our busy schedules to care for ourselves. It may be a time to ask yourself what you really need right now.

For some, self-care may be an outlet for expressing feelings or emotions. It may be social time or time completely alone.

Self-care can include directing your focus inward (reflecting on your feelings) or outward (admiring nature, for instance).

### Here are some care self-care ideas that may resonate with you!

Take a walk in nature  
Smudge



Get creative, learn how to make a new Indigenous item



- Listen to music
- Play the Indigenous drum or flute
- Take a nap or go to bed early
- Make yourself a cup of tea or coffee
- Journal
- Meditate
- Do yoga
- Read a book

- Meet up with friends
- Set an appointment with your counselor
- Spend time with your pet
- Do something nice for yourself and someone else
- Clean up your space
- Eat right
- Be conscious of social media—it can damage your mental health
- Sit somewhere and do nothing for a while
- Connect with your spirituality group or have quiet time alone
- Stretch
- Do a few things you've really needed to do but keep procrastinating on
- Diffuse some essential oils or light a candle
- Take a mental health day

## HS Learning Centre...

Robert Macintosh

Well it is that time of the year when we start to look forward to the holidays. This time of the year is beautiful and bitter better sweet for some. It is a time to look forward and to reflect. It is a time to eat and to give gifts . It is also a time to help others. So when you are lifting a glass to toast those that are with us make sure you toast those who are not.

So let's all have a safe and merry Christmas.

Merry Christmas, Mr Mac

## Grade Seven...

Erika Hilchey

Kwe`

December is here already! So far so good with our weather. No snow storms - keep your fingers crossed. Grade 7, 8 and 9 are working hard to finish up their novel studies and put the finishing touches on their persuasive writing letters. The month of December will see students creating art to give as gifts and even some smaller crafts to sell. Look for us at the Christmas Concert.

Merry Christmas and Happy Holidays to Sipekne'katik!

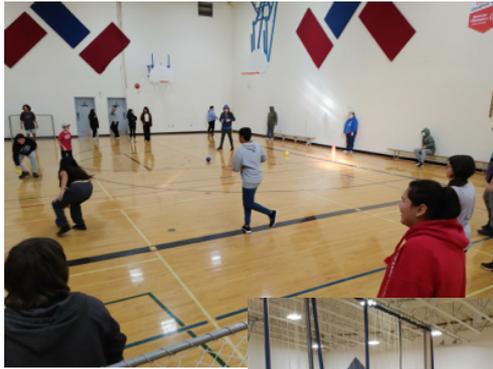
*Etawey Wli-nipi-alasutman aqq  
Pusu'l Puna'ne!!*



## Physical Education...

Lise Charbonneau

And just like that, November is behind us and Christmas is around the corner. Students at LSK have been busy in Phys. Ed. The older students are currently working on Volleyball skills while the younger students are focussing on locomotor skills and the various ways we can move our bodies in the space around us (skipping, hopping, jumping). Several Middle School students enjoyed a trip to Eskasoni on November 17th to play dodgeball with students from other MK schools. The car ride home was full of excitement and positive energy after meeting new students from other parts of the province. There are more sporting event trips to come in the new year. Stay tuned.



Dodgeball tournament, Eskasoni, November 17th.

## Grade Nine...

Steve DeLisle

This month in junior high math the grade seven students are working on multiplying and dividing decimals, the grade eight students are multiplying and dividing fractions, and the grade nine students are learning about the order of operations with rational numbers.

## Grade Twelve...

Tammy Maloney

Happy December everyone!! We made it !!!

The Grade 12's have been busy planning their grad trip . They will be selling tickets on a Gift card tree this month . Stay tuned for more information. I am so proud of all the students and how far they have all come since September. They are finishing up their novel unit and will be starting a new unit on Public speaking in December .

We are also doing a gift exchange with 10, 11 and 12s (5 dollar limit).

I hope everyone has a wonderful December filled with joy and laughter.

Mrs. Tammy Maloney

## HS Mi'kmaq...

Raylene Syliboy

Kwe' Msit

Kesikewiku's- Winter Moon is a season where we see so much change, especially in the frigid weather. Students will be going into their Christmas units with crafting fur balm Christmas wreaths. We again, go about this land based teachings with the concepts of Mi'kmaq Ways of Being and Knowing and the pillars of Netukulimk. Students are guided with the 4 R's of Respect, Relationship, Responsibility, and Reciprocity when harvesting tree tips. Land based education also includes the Mi'kmaq language component by allowing students to connect to the land and trees by speaking the proper root Mi'kmaq word. Stoqan aqq stoqan ji'j (tree and tree branch) is one such way we will be connecting to the harvest, to see students on the land using the Mi'kmaq language promotes successful revitalization through real world examples. Keep your eyes out for the upcoming Christmas wreaths.

Wli Nipi Alasutma aqq Pusu'l Puna'ne!

Wela'lioq, Mrs. Raye