



BE THE difference
TODAY
TOMORROW
ALWAYS

LSK NEWSLETTER

September

2022

Principal's Message

Ms. Stacey Lovell

Dear LSK families,

Welcome to the 2022 - 2023 school year!

I hope that you enjoyed a summer full of health and happiness, and that everyone is rested, recharged and ready for a fantastic year. We, as the staff, look forward to partnering with you as we face the upcoming year. We will be continuously striving to build relationships with students to help them feel safe, valued and accepted. I would like to take this opportunity to introduce myself.

It is my pleasure to become the new Principal of LSK School. I have been a teacher and administrator for over 20+ years. I worked at LSK briefly when the new building first opened. I know I am returning to a school with a deep sense of culture that provides many opportunities for students to discover their passions as learners.

I know I will have a lot of students to get to know and much to learn about what makes LKS a great place for students. I am sincerely looking forward to beginning my time at LSK and look forward to getting to know you all.

We acknowledge the work parents and caregivers do each day to help their child navigate school, and we acknowledge those students who are navigating it alone. At times, you will need to sit with or check in with your child about independent assignments. At times you will need to contact the teacher regarding content or SEL (social and emotional learning) related matters. We will certainly reach out to you. This partnership is the most important for of family engagement there is. We value your input.

My door is always open. Please feel free to call or email to discuss any concerns you might have throughout the school year. I look forward to working with you and helping each student at LSK meet his or her goals and have a successful school year.

Wela'lioq,

Stacy Lovell

Library News...

Mrs. Sharon Culbertson

Hi folks... welcome back to a new school year. As many of you know, I was the acting principal last year and I am so glad that we have a new principal. I just want to thank everyone who supported me while I did that job... and believe me... there were some days when it was quite the busy job. Good luck to Stacey and Greg. Greg... just keep the coffee coming and we should be good to go!!

I am glad to be back in the library. This is where I feel most comfortable. I truly enjoy sharing books with our students. Speaking of books, I have already scheduled our Scholastic Book Fair for the first full week in December. Also, the Scholastic book orders should be coming in soon. Yay... back to some normalcy.

Our school picture day is Thursday, September 15, 2022. We will start at 9am. Picture re-take day is scheduled to start around 10:30am on Friday, September 23rd, 2022.

I wish you all the best for this new year!!!

Vice Principal...

Mr. Greg Marr

Dear Students, staff and community members,

My name is Greg Marr and I am the new Vice Principal for LSK. During my time here at LSK, I have taught Junior High Mi'kmaq Language, Grade 8/9 Personal Development and Relationships (PDR), Junior High Social Studies and Science. I have also subbed for our school. I have a strong desire and passion to utilize outdoor education as a tool for meeting curriculum outcomes and reinforcing Mi'kmaw language skills, culture and identity.

In the administration role, I look forward to working with our staff, the students and community members.

If you have any questions or concerns, please feel free to contact me (902) 751-1229.

Upcoming Events...

06th - Labour Day (No School)

07th - Students Return

19th - SCHOOL CLOSED

22nd - Nitap Day

26th - Professional Development Day
(No School)

28th - P-3 Field Trip

28th - Picture Day

29th - Orange Shirt Day

30th - National Day for Truth and
Reconciliation (NO SCHOOL)

October 3rd - Treaty Day (NO
SCHOOL)

September Birthdays...

01 - Devina Knockwood (P)

01 - Paislee Marr (P)

02 - Jessalyn Jones (2)

02 - Kingsleigh Simon (K4)

05 - Rory Brooks (8)

06 - Brody Knockwood (12)

09 - Abrianna Nevin (2)

12 - Faye Brooks (3)

15 - Kristopher Syliboy (4)

23 - Treyson Knockwood (2)

26 - Chano Paul (10)

28 - Nakirrah Howe (9)

www.lskschool.ca

(Please note that the website is currently

Music...

Ms. Bev Cheverie

When There Was Music

*When I learned my alphabet... there was music,
and it was fun to learn.*

*When I jumped rope at recess... there was
music,
and it was fun to play.*

*When I had a birthday... there was music,
and it was my turn to be special.*

*When I went to camp... there was music,
and the magic of the campfire will stay
with me always.*

*When I went to gymnastics, figure skating or
hockey... there was music,
and the moment was exciting.*

*When I had my first boyfriend... there was
music,
and it was "our" song.*

*When I graduated from high school... there was
music,
and I will remember that day forever.*

*When my Grandma died... there was music,
and I was comforted.*

*When I had a child... there was music,
and we sang as we cuddled and rocked.*

*When my child goes to school, he will come
home and tell me,
"I learned my alphabet... and there was
music..."*

Welcome back to all my music students, K4 to 6. We have some changes this year so I'll be wither seeing you in the class (with my cart again) or on the stage for classes.

I hope you had a wonderful summer and I look forward to making music with you again this year!



Physical Education...

Ms. Lise Charbonneau

Welcome back to Phys. Ed. everyone! I am excited to be back in the role of P.E. teacher and I can't wait to see all of you. Respect and safety are the main rules in the gym. Respect yourself (by trying your best), others (by using good sportsmanship and not interrupting), and the space around you (take care of our gym). Safety is one of the most important factors in the gym. We want to have fun and learn new skills, but we need to do it safely. Listen to instructions and be aware of your surroundings. Now let's have some fun!

Child Behavioural Specialist...

Mr. Shane Shaw

My name is Shane Shaw and I will be the Behavior Specialist for the upcoming 2022-2023 school year. I look forward to working with the students and staff in all grades here at the school. My goal is to help teach tools and skills to students that can help make their school day easier and more manageable. A few of the things I can help with are social skills, anger management, boundaries, mindfulness amongst other things. I am excited for the chance to work with everyone here at the school and hope everyone has a great year!

Grade Five...

Mrs. Rae Williams

Welcome Back to School!!!!

My name is Ms. Rae Williams. I am privileged to be the teacher in the Grade 5 classroom for the third year. We will be focusing on creating and maintaining a healthy body, mind and spirit throughout the year. We will all work together to make our classroom a welcoming place of growth for all.

I look forward to connecting with all parents/guardians and am available at rwilliams@lskschool.ca

Love, Ms. Rae

High School Mi'kmaw...

Ms. Raylene Denny

Kwe'

Ni'n talusi Ms. Raye aqq ni'n tleyawi Malpetu. Hello all, my name is Ms. Raye and I'm from the community of Membertou, located in the traditional district of Unama'ki. I'm overjoyed to be a part of our students' growth, in giving back the Mi'kmaq language. I take much pride in our language and culture. I guide my instructions with the principles and core values of the Mi'kmaq ways of being and knowing. We as Lnu' have over 13000 years of acquired knowledge and our children have the gift of inheritance. I look forward to this year and the development of the Mi'kmaq language within our school and community.

Wela'lioq emsit

Ms. Raye

Grade Nine...

Mr. Steve DeLisle

Kwe'! I would like to welcome everyone back to LSK for the start of another school year. So far, LKS's junior high school math students have been learning how to add and subtract integers, investigate patterns in square roots, and examine exponent laws. It's been great seeing all the smiling faces eager and ready to learn. I'm looking forward to seeing my students grow and thrive as the year moves along.

Elementary Mi'kmaw...

Ms. Elle Michael

Happy New School Year!

In Mi'kmaw Culture and Language this year we are going to be using as much Mi'kmaw as we can, bringing it to our class, our school and our community. We will be doing more Outdoor Education and visual/audio learning. Wela'lin to Ms. Gould for the many years of hard work as elementary Mi'kmaw. Mise'l has big moccasins to fill and is trying their best. Thankful for this opportunity!

Caregivers be on the look out for:

A.M.A (Ask Me About)

How to say Bear, Beaver, Butterfly and Bee in Mi'kmaw.

More to come!

Mise'l

High School Learning Centre...

Mr. Robert MacIntosh

Welcome Back Everyone!

Well summer is over and the evenings are getting a little cooler and trust me the mornings are very cool. With this being said what a nice time of the year it is. The air is fresh and so are the faces of the students. It is so nice to see everyone back to school and in such good moods. Normality is so important right now. The kids see their friends and meet their teachers. Some for the first time. Here is to a new year and a new beginning at LSK.

Cheers Mr. Mac

High School Math/Science...

Mr. Morgan MacDonald

Welcome back everyone!

This semester I will be teaching Math 10, Math at Work 11, and Math 12.

Try to see if you can solve this math riddle:

One brother says of his younger brother: "Two years ago, I was three times as old as my brother was. In three years' time, I will be twice as old as my brother." How old are they each now?

Grade Twelve...

Mrs. Tammy Maloney

Welcome back to school!

K'we/Hi,

My name is Tammy Maloney, but I am known as "Mrs. Tammy" to my students. It is my pleasure to be a part of the high school team here at LSK for my first year as a teacher. Most people know me as an EA here at LSK before I obtained my teaching license.

I am looking forward to supporting our students this semester as the Grade 12 ELA, Grade 10 ELA and Grade 12 Textile Technology teacher.

Leveled Literacy Intervention...

Ms. Angela Maloney

Kwe',

Welcome Back Students, I hope everyone enjoyed their summer break.

Grade Six...

Ms. Danielle Gloade

Dear Families,

My name is Mrs. Gloade; I am the Grade 6 homeroom teacher. This is my 7th year as a teacher, and I am excited to work with all our kiddos this year. I am also teaching Grade 7 Social Studies and Grade 9 Citizenship.

Respectfully, Mrs. Gloade

Tech. Ed...

Mr. Glenn Nightingale

Pjila'si. I hope everybody is excited to come back to school. In Tech Ed and Skilled Trades students will get to design and build some cool things. I am happy to be part of your journey this year, and hope that we can make some great connections and complete some beautiful projects.

Grade Two...

Mr. Tyler Schussler

I'm so thrilled to be back teaching in grade 2 for the upcoming school year at LSK, it's going to be so nice to see all the smiles on the student's faces as they come back from their summer vacations. This school year should look and feel more like a typical school year especially compared to last few years. It's really nice to begin the school year without all the procedures and protocols we've had over the past few years. Having said all that however, we are still putting a priority on washing and sanitizing hands as well as extra cleaning within the school. As we start the school year off, one of our first objectives will be to get back into our daily routines and schedules, especially after a long summer break. Learning the meaning of respect will also be prioritized as we aim to create a kind classroom environment. Once these are established we'll be able to focus on learning and having fun. It's so nice to be back in the classroom and as we move forward into the school year, I know this year will be filled with a ton of adventures, learning experiences and fun!

Grade Primary...

Mrs. Sheri Brooks

Kwe' families,

I am very excited to be your child's teacher this year in primary! I look forward to getting to know all our new faces at LSK and will be doing my best to provide an exciting learning experience for my students. We have a very busy year filled with lots of exciting adventures, we will be planning an apple picking trip for later this month and we will learn lots of new things such as reading and writing! I would like to wish my students Darrell, Devina & Paislee a very happy birthday for the month of September!

Mrs. Brooks

Grade Eleven...

Mr. Robert Watson

Hello to students and fellow staff members! Here's hoping you had an enjoyable and relaxing summer and that you feel refreshed and recharged. It's great to see so many students back and ready to learn! With a positive outlook and some determination, I am sure each and every student will have a successful school year. LSK is a positive learning atmosphere and students who may be having difficulties are encouraged to share these difficulties with school staff so that they may assist you and make your time here at LSK as enjoyable and stress free as possible. Our job as teachers is not only to teach you, but also to be there when time get tough. Here's to a positive and enjoyable semester of learning. Best of luck to all!!

Grade One...

Ms. Helena Sack

Welcome back LSK and especially the grade one's! We are excited to begin a new school year with our new and old friends. The grade one's have a busy year ahead of them and I can't wait to get to know everyone. We are learning about weather, numbers, nutrition, and friendships.

Grade Eight...

Ms. Kelly Oliver

I am excited to be teaching Junior High this year. We are having so much fun in grades 7, 8 and 9 learning about the world through science. Grade 7 is learning about matter and will layer connect that knowledge to Environmental action. Grade 8 is using their knowledge of matter and connecting that knowledge to climate change. While the grade 9 class is learning about our Universe and latter connecting that to atoms. I am also lucky to have the opportunity to teach grade 6 Mathematics. We are learning new math games and strengthening our number sense by connecting it to the world we live in.

The first week back to school was full of so many laughs, hugs and fun. I look forward to many more days full of wow moments and smiles. It was great to see the students of all ages once again.

Grade 7...

Ms. Erika Hilchey

Kwe Parents and Guardians!

This year I will be teaching grades 7-9 English and grade 9 Future Planning. I look forward to an exciting year of reading, writing and having great conversations with the students. If you have any questions or concerns, please feel free to reach out. Happy 2022-2023 school year everyone :)

Here is a riddle for you:

What occurs once in a minute, twice in a moment and never in a one thousand years?

Grade Four...

Ms. Tabettha Stephens

Kwe' welcome back everyone,

I hope everyone enjoyed their summer break. I am looking forward to a new school year. September is always a busy month with getting to know each other, going over classroom rules, routine and expectations. Literacy & math assessments will also be completed. Welcome to Noah Arsenault-Lovell. I hope everyone has a great 2022-2023 school year.

Elementary Learning Centre...

Mr. Kyle Busche

Hi, my name is Kyle Busche, and I'm the new Learning Center Teacher here at LSK. I grew up close to Sipekne'katik in Belnan, I now currently live in the Truro area. I am 32 years old, married with 2 children, my son is aged 5 and my daughter aged 10 months. I am excited to begin the year at LSK and see what the students can achieve!

Grade Three...

Ms. Leanne Foster

Welcome to Grade 3. I am so happy to be with my former little grade ones again! I am looking forward to seeing how the children have grown and developed and the places they will go this year.

The grade 3 students will have Physical Education class with Ms. Lise twice a 4-day cycle, on day 1 and day 4. Students are required to have sneakers for Phys. Ed. Aside from Phys. Ed we also have daily physical activity time in the classroom. They will be having Mi'kmaq language classes with Ms. Elle Michael on days 1, 2 and 3. each. We also have Music class twice a cycle on days 2 and 3 with Mrs. Bev Cheverie.

Students will be bringing home a communication folder home each night. There is not homework but there will be daily idea for activity students to try if they wish.

We have a point reward system this year. Students earn points for returning their communication folder signed each day. Points are also randomly awarded for positive behaviour and effort.

It's going to be a great year!

Grade Ten ...

Mr. Adam Sweeney

Welcome back, everyone! For those who do not know me, I'm Adam Sweeney, and I'm returning to continue covering grade 10 for Carol. This semester I'm teaching Sociology, Visual Arts, and Film & Video Production. Good Luck in the new school year!

Elementary Resource...

Ms. Leslie Paul

Kwe’/Hi Welcome back to school! I am looking forward to working with students, staff and parents/guardians this school year. My main responsibility as resource support is to work collaboratively with classroom teachers, parents, administration and other service providers to assist in program planning to meet student needs. In September some returning students will begin to receive resource support daily. I will begin the process of scheduling Program planning meetings to support our students and their needs. I am looking forward to meeting parents/guardians during these program planning meetings throughout the school year. I will also be busy administering the Test of Preschool Literacy (TOPEL) to the Primary students for the Martin Family Initiative (MFI) this month.

If you have any questions or concerns pertaining to the program planning process or elementary resource, please feel free to contact me at the school.

Guidance - Wije’tinej Counselling

Mr. Bryan Brooks

Parents/Guardians of LSK students,

I’m Bryan Brooks from Millbrook First Nation. I have a Bachelor of Arts majoring in Mi’kmaq Studies from Cape Breton University, a Bachelor of Education from St. Francis Xavier University, and a Master of Education in Counselling from Acadia University. I have certificates in Narrative Therapy through the Vancouver School of Narrative Therapy and ‘Build Your own Resiliency’ through the Canadian Counselling and Psychotherapy Association (CCPA). I am currently registered to take, 'Sand Tray,' therapy in October as another way to help counsel or provide therapy to individuals who would benefit by play therapy.

I have an arrangement with Sipekne'katik Band and will be offering individual counselling sessions at LSK 2 days per week. These sessions generally run between 30-50 minutes and can be scheduled weekly or bi-weekly, depending on the needs of the student.

I integrate multiple types of therapy, including Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Gestalt Therapy and Narrative Therapy, depending on the needs of my clients. Therapy helps us manage emotion, overcome negative or unwanted thoughts and replace these with more positive and manageable techniques or strategies. Sand Tray therapy will help with students that have a hard time communicating emotion verbally and instead we use action or play therapy to manage emotion.

If you have any questions, please reach out to me at 902-956-3112. If your child feels they would benefit from this service, an informed consent form will be sent home. Please take the time to read it with your child and reach out to me if you have any questions or concerns.

Wela’liq!
Bryan Brooks

