



# LSK Newsletter

## November 2020

WWW.LSKSCHOOL.CA

"LEST WE FORGET"

### Principal's Message...

Ms. Kelly Oliver

K'we,

Keptekeqiku's, it is frost month. Kikpeaq wini-kiskik. The weather is getting bad. It is cold and rainy. With all the leaves falling to the ground, we can see winter is approaching. We will begin this month with moving our clocks one hour behind and gradually our days will become shorter.

Last month we celebrated Halloween, Treaty Day and Thanksgiving with in class celebrations. Due to COVID, we are unable to hold large gatherings, assemblies or take field trips. Traditionally at LSK our elementary students go apple picking, to the pumpkin patch and/or the corn maze each year in the Fall. This year we purchased many pumpkins and laid them out in the soccer field for students to choose. Halloween celebrations were held in class. Remembrance Day celebrations will be held in a very similar format. We will host the Remembrance Day ceremony via our PA system on November 10th, to honour our veterans, while continuing to follow COVID procedures.

Our students have adapted very well to the new COVID procedures. It has been challenging and stressful to all, staff, students and families. We have implemented additional mental health supports and are focusing on kindness, patience and doing our best to ensure all students feel they matter, while building relationships with parents and guardians. We are respecting the COVID-19 virus and respecting others by wearing our masks to protect everyone around us.

For our next seven sacred teaching, we will be focusing on is Respect. We demonstrate respect by realizing the value of all people and things, and by showing courteous consideration and appreciation. We must give respect if we wish to be respected and treat others how we wish to be treated. The buffalo represents respect because it gave up its life and all parts of the buffalo were used to maintain balance. We honour our families and others, as well as ourselves. We are not to bring harm to anyone or anything. Respect is not just an action, but also a heart-grown feeling.

Report cards for students will go out this month. Midterm for Grade 9-12 will be distributed on November 10th. All work for students in grades 9-12 can be found on their Google Classroom, as well as their current marks and missed assignments. K4-grade 8 report cards will be distributed on November 23rd.

Please take a moment to check out our school website ([lskschool.ca](http://lskschool.ca)), where you can see all the great things we are doing; our school events, classroom activities, videos, photos, and much more!

## Library News...

Mrs. Sharon Culbertson

October was a month-long opportunity for us to revisit and renew our understanding of our Treaties. It also gave us an opportunity to reaffirm our rights, culture and traditions as a proud Mi'kmaq nation. It was also a very "treat-filled month", starting with Thanksgiving and ending with Halloween. Thank you to our kitchen staff for the delicious turkey dinner.

This year will be a bit different because in the past, I would be busily preparing for our Scholastic Book Fair. Unfortunately, due to Covid protocols, it is not possible for us to participate this year.

Now we are entering November. This is a month to reflect and celebrate those brave men and women who worked so hard to protect our country. My family and I will be remembering my husband's grandfather and father, along with my Godfather, on Remembrance Day. *Lest we forget!!*

## High School Learning Centre...

Mr. Robert MacIntosh

Boo! Well I'm not sure which is scarier 2020 or Norman Bates. Let's just say 2020. Well now we are at the end of October and all is well considering. Students are set up on schedules and for the most part are abiding by the times. Students are working on a variety of subjects such as teacher created work, which the student brings with them to class to Social Skills and Project Based learning assignments.

Happy Halloween!  
Mr. Mac

## Music...

Ms. Bev Cheverie



We have settled into a good routine with Ms. Bev 'rolling in to the classrooms' for music class. We are limited with no singing due to Covid restrictions, but we are doing lots of instrument/movement activities to a wide range of music and songs. The program I am using for our lessons is called "Musicplay". I welcome you to check it out online. It's a great program that meets and/or exceeds music outcomes (primary-Gr 6) for music education.

All students have access to this program online as well. We will be spending some time together in class soon exploring the many wonderful things available to us through Musicplay.

With the rule of no sharing, each student has been provided with individual music bags with homemade instruments and various items for music class. The students enjoy making music as we learn all about the elements of music.

In honour of Mi'kmaq History Month, the grade 2 to 6 music classes, have been learning to add an accompaniment to The Honour Song with resonator bells, boom whackers, and drums.

The upper grades (3-6) have also been learning some American Sign Language (ASL) this month through the song 'Be Kind, Be Calm, Be Safe'. It's a beautiful song and made even more beautiful when signing ASL. (It is so hard not to sing along!)

We've got some great little musicians here at LSK!

"The Mi'kmaq soldiers are forever in peace, for as long as we live, so be it"

## High School Mi'kmaq Language...

Mr. Greg Marr



## Grade Five...

Mrs. Rae Williams

Hello from the Grade 5 class,

I am so impressed by how well all of the Grade 5's have done adjusting to the changes that have occurred for the 2020/21-year. We have done lots of fun and exciting things in class this month. In October, we have been talking a lot about what it looks like to be respectful to others and ourselves. In Science, we have been looking at Weather. We explored various instruments that are used to predict and record weather, as well as what happens during various weather phenomenon. During Mi'kmaq language class we have been learning how to converse with each other and the meaning behind our flag. During writing, we have been discussing various forms of topic sentences in order to help us when creating and editing our news articles. Starting the last week of October, I will be making Fantastic Friday Phone Calls. I will be reaching out to the parents of 1-2 students each week to let them know the great things that their child has done that week. I look forward to sharing with you all. If you did not fill out the "Getting To Know Your Child" sheet from last month, I will be sending another home with your child so that I know the best way to reach you. Please fill it out and send it back with your child.

In November, the Grade 5's will be studying the respiratory and digestive systems, exploring ancient societies and looking at patterns in big numbers.

If you have any questions or concerns, please feel free to reach out to me.

Poppy, Poppy

Poppy, what do you say?  
Wasuekji'j, koqwey talimiek?

Wear me on Remembrance Day  
Naskuwitesk Mikwitetimkewey Nakwek

Poppy, what do you tell me?  
Waseukji'j, koqwey telimn?

Many soldiers in battle fell  
Pukwelk smaknisk matntultimk neputipnik

Poppy, what shall you teach us?  
Wasuekji'j koqwey kekinamuiek?

That peace on earth should grow  
Na wantaqo'ti uksitqamuk nikwetew.

## Elementary Resource ...

Ms. Leslie Paul

Kwe'/Hi, October has been a busy month for both students and staff, adjusting to school routines and celebrating Treaty Day, Thanksgiving and Mi'kmaq history month. I completed administering the Test of Preschool Literacy (TOPEL) to the Primary students for the Martin Family Initiative (MFI), and the CAT-4 to grades 1 to 4 with Kelly Oliver. In November I will complete administering some math and reading assessments to support students program planning. After the tests are completed, I will start seeing resource students on a regular basis, supporting them in their literacy and math skills. I am really looking forward to working with the students and supporting their academic growth.

I would encourage parents/guardians to communicate with their child's classroom teacher any concerns they may have pertaining to their child's school success. Parents/Guardians and classroom teachers can refer a child for program planning to assist in identifying the child's strengths and needs.

If you have any questions or concerns pertaining to the program planning process or elementary resource, please feel free to contact me at the school.

Wela'lin/Thank you

## Grade Four...

Ms. Tabetha Stephens

Kwe' From Grade 4's

The grade 4's are doing great with remembering their email addresses and passwords for their Gmail accounts. They know how to navigate to google classroom to find their assignments as well. October was Mi'kmaq History Month. Our class learned about the Residential School System and the impact it has had on Indigenous communities for over a century - an impact recognized as a cultural genocide, and an impact that still continues today. We honoured Residential School Survivors, Phyliss Webstad, Magit Poulette, all Survivors and also the ones that did not survive.

We designed our own orange shirts and we re-created a Magit's Doll. Thank you for showing us courage by sharing your stories with the world. We also learned about our Treaty Rights and what it means when we hear the phrase, "We Are All Treaty People." We created our own Peace and Friendship Treaty for our classroom; made wampum belts and we made posters that supported the Treaties of 1752, 1760 and 1761 and also for our fishermen/fisherwomen exercising our Treaty Rights in Digby.

We will continue to learn about the Seven Sacred Teachings throughout the school year. Living by these teachings helps us

to live with balance and harmony. We attended a virtual Seven Sacred teachings puppet show held by Halifax Regional Library. We also painted a bear that represents courage, one of the Seven Sacred teachings. By the end of the year students will have painted all seven teaching as a reminder to live by these teachings

We are still practicing Growth Mindset since September. It takes a lot of practice to master the Growth Mindset. We must always think positively. Thinking and being positive can go a long way. Failure is learning. We must train our brains to look at mistakes and failure as growth... "I can do better" or "Next time I will do better."

November will surely be another great month of learning. On November 23rd report cards will be sent home. Remembrance Day is quickly approaching. We will participate in the Remembrance Day Poster Contest. We will acknowledge and remember our brave Sma'knisk (Warriors/Soldiers) that fought for our freedom and will be thankful for their service.

Grade 4's would like to wish Brenda and Leela a Happy belated Birthday as they celebrated their birthdays in October.

Wela'lin,  
Ms. Stephens



## Tech Ed. ...

Mr. Walter Paethorpe

We welcome Mike Sack as our sub T.A. for the next little while as Jon-Jon is out on a mission. Mike comes with a wealth of knowledge that can be passed along to our students. Welcome Mike!

Our students are learning drafting techniques that will help them draft plans, read plans, and make a project from a plan.

Grade 8s has started a Halloween candleholder, the grade 9s a cell-phone holder, Design 11 are creating a cutting board made from exotic woods and local hardwoods. Grade 7s is creating a cardboard glider using recycling and drafting skills to transfer the design onto the cardboard before cutting it out with the handsaw.

Tech Ed. is a hands-on course and attendance is very important for our students to achieve good grades.

## Grade Twelve. ...

Mrs. Nikki Maloney

October is flying by, and it is hard to believe that Christmas Break is only around the corner. In English, we have just finished up a focus on 'Short Story Texts' and the examination of these texts through Persuasive Writing. We are set to start a novel study that will be a play unit on *The Crucible*. It is an interesting play that gives an inside look into the events that unfolded in Salem, Massachusetts often known as the Salem Witch Trials.

Business Technology 11 is completing their final weeks in learning touch keyboarding and will be moving into a Unit that focuses on Word Formatting of documents for a variety of purposes.

Grad pictures have been taken early this year to help be pro-active in case a second wave hits us. Grade 12 students have been working on their post-secondary plans, and applications are underway. Grade 11's has been updating their myblueprint plans to ensure they are on track to graduation, and to begin contemplation of future career choices.

## Grade Seven...

Ms. Erika Hilchey

Hello everyone!

The first month and a half of school has flown by so quickly. The grades 7-9's have been very busy in class during this time. Grade 7 will be starting a novel study focusing on the book *A Stranger at Home* which is a follow up book to *Fatty Legs* and it is about a young girl's return home from Residential School. In Science class, grade 7's are finishing up a unit on Mixtures and Solutions, Grade 8 are finishing up a unit on Cells and Grade 9 are finishing up their unit on Cellular Reproduction. We have had some fun activities such as making water filters and cell organelle cakes to demonstrate our understanding of the topics. Halloween is coming up and grade 7 will be doing a quick writing activity around the topic. One note, Grade 7-9 teachers have gotten together to plan some time for each of the students to go to the store within their bubbles. I am including the schedule below so that parents/students know.

Day/Class	Day 1	Day 2	Day 3	Day 4
Grade 7	Social Studies (Meredith)		Science (Hilchey)	English (Hilchey)
Grade 8		English (Meredith)	Math (Delisle)	English (Meredith)
Grade 9	Science (Hilchey)	Math (Delisle)		Math (Delisle)

If you have any questions or concerns, please feel free to contact me at the school, via email ([ehilchey@lkschool.ca](mailto:ehilchey@lkschool.ca)) or on social media!

## Physical Education...

Mr. Gordon Pictou

We have had above seasonal temperatures so far this year, which we have been very appreciative of. However, this warm weather will not last forever! As the mercury dips below freezing it will be very important for students to come prepared to be warm when they have gym class because we will be outside as long as it is safe to be.

In October grades 4-9 talked about what can make up a healthy lifestyle and started a poster project. In November we will be learning what a S.M.A.R.T goal is and setting some fitness ones for ourselves. We will be tracking our progress to achieving them over the course of the school year. We will also be doing some baseline fitness assessments to help us set meaningful goals. We will continue to try new games like volley baseball... the grade sevens played this in costumes, which added to the fun!

## Grade Two...

Mr. Tyler Schussler

Time is absolutely flying. I can't believe that we're going to be entering the month of November already. During the month of October our class explored and studied a number of different educational avenues. In art, students got creative making their spooky sunset pictures; we also created scary pumpkins to get everyone in the Halloween mood. In math we focused on skip counting and patterning. Students enjoyed getting outside and using natural materials to create their repeated patterns. In Social studies we examined communities. We compared a variety of communities, the services within those communities and how they change overtime. Our class also focused on Treaty education. We discussed what treaties are and why they're important, highlighting the importance of taking care of people. October was filled with so many positive educational moments and I know they'll be more to come in November.

As we move into November our class will continue the momentum we've created in October. In math our class will be expanding our sense of numbers as we compare, organize and break down numbers using multiple strategies. In science our class will be investigating the relationship between air and water in the environment. For Remembrance Day this year due to our COVID protocols our school won't be able to have our Remembrance Day ceremony in the gym so, we'll have to commemorate it within our class. October was a great month and I'm looking forward to the upcoming month of November.

## Early Literacy Intervention...

Ms. Angela Maloney

K'we Parents and Guardians

ELI will begin the week of October 26<sup>th</sup>. The ELI program will consist of 15 weeks of everyday sessions for thirty minutes. Each group will have three students attending one session for thirty minutes. Remember that The Fountas & Pinnell **Early Literacy Intervention** System (ELI) is an intensive, small-group, supplementary literacy intervention for students who find reading and writing difficult. The goal of ELI is to lift the literacy achievement of students who are not achieving grade-level expectations in reading. My goal is to help them improve specific **reading** skills such as letter naming, initial sounds, phoneme segmentation, and comprehension strategies.

## Grade One...

Ms. Leanne Foster

The crispness of the air, the beautiful autumn colors, and children busy learning great things about fall. Grade 1 has used our 6 weeks at school to make sure we have a good foundation of letter and sound knowledge and understanding of numbers to 10. Missing 4 months of at school learning last year does mean we have to backtrack a little and rebuild and practise the skills needed to progress. The whole class' listening, following instructions and work completion have improved dramatically since we started school. The students love listening to, illustrating and discussing stories. The 20/21 grade one class love to share about their lives and their work. We have completed some great art projects- our fall trees, Halloween postcards and 3-D pumpkins were a big success. We are excited to see what the rest of the year will bring.



## Guidance (Elementary)...

Ms. Mary Davies

### Global History 12

We are done with the Cuban Missile Crisis and are moving on to inequality of life in the Northern and Southern countries of the world. As we all know, water, its conditions and availability are different in the financial Gap. Therefore, as the Case Study assigned will be "Water: a Common Concern." I am hoping to arrange for a speaker to address the class on this very important subject.

The students are working diligently and have warmed to the idea of discussion. I look forward to every class.

### Sociology 12

We are in the midst of a Unit on Culture and its effects on populations. We are examining material and nonmaterial cultures and how modern trends have escalated over the years i.e. the computer.

The students have completed the Unit 1 Test and I am very happy to report that everyone who wrote the test passed.

## Grade Eleven

Mr. Robert Watson

Hello everyone and Happy Halloween! A quick update to let parents and guardians know that students are adapting well to the new Covid restrictions at LSK. Although attendance is suffering a bit since this time last year, students may access their assignments via their Google Classroom. All assignments and classroom related materials are posted there as they are covered in class. Keep in mind that if you miss class, you are responsible for checking your Google Classroom to see what you have missed. Keep up the good work.

## Grade Eight...

Ms. Meredith Conrad

Happy Halloween everyone!

We have had a very busy October so far. In grade 8 social studies we have been working on making our own Treaty education videos! In grade 7 social studies we broke into groups and researched the 7 districts of the Mi'kma'ki. Each group learned about the history and geography of one of the districts that still exist today. Middle school is looking forward to this Friday the 30th for some Halloween fun and treats!

Wela'lin,  
Meredith

## Grade Three

Ms. Ambrah MacNeil

Hello All,

I hope everyone is doing well and being safe. Grade 3s is in full swing and working hard. While we are working hard we are also trying to be mindful of our mental health. We are having some discussions about what our community is currently experiencing with regard to the fishery and the inherent treaty right that our Mi'kmaq people have. Our aim is to invoke pride and an awareness of these treaty rights and that they are binding.

Students have been working on their writing fluency in ELA as well as analyzing texts using the narrative story structure. We have been doing lots of read aloud and shared readings with a focus on culturally rich texts. Parents/guardians should keep an eye out for reading logs as well as word cards that students can practice writing at home.

In Math, we have been working on increasing and decreasing patterns. It's been amazing to see how well students have picked up on this concept and they are even relating it to some of our texts in ELA!

Although we have not been able to participate in some of the same field trips and activities that we all looked forward to, staff has been doing their best to try and provide as much enriching activities in spite of our Covid restrictions. It has forced us to be creative and collaborative in order to help our kids be both happy and successful in school.

Over and Out

## Elementary Mi'kmaq Language

Ms. Tania Gould

Kwe'

We are still here. It has been a hard few months. I thank all our school staff. Thank you, parents, for following our new Covid protocols and staying away. Thank you to our students who are showing love for each other by keeping their distance, not sharing, wearing their masks and obeying our new school rules. Keep up the great work. I am Mi'kmaq. I am brown and I am PROUD!!

Mi'kmaq words for the month are:

Sma'knisk – soldier

Ala – that

Tett – here

Wela'lin – Thank you

Ji'n – man

E'pit – woman

Jakej – lobster

Leke – throw it

Panta'u – open it

Kesalk – I love him/her.

## High School Math & Science...

Mr. Morgan MacDonald

Math 10 has just wrapped up our measurement unit. We will now be starting trigonometry.

Math 11 has just wrapped up our logical reasoning unit and we are already into our trigonometry unit. Math at Work 12 has had a very productive Month putting 2 units behind us and already into our linear relationships unit.

## Grade Primary...

Mrs. Sheri Brooks

The Primary class has been very busy learning lots of new things this past month. We have been learning about numbers in Math, we do lots of counting every day. We tell stories about numbers and make sets of numbers. In literacy we are learning our letters and the sounds they make. The students love learning the new sounds and letters. We would like to remind families to help students identify letters in their environment, around the house or while they're out and about. Our sacred learning for the month of October was courage, our students have been showing lots of courage while adjusting to the routines of school, some meeting new friends for the first time, and others who may be shy and are becoming more comfortable around their classmates! Great job Primary students! We have been discussing how brave and courageous the Sma'knis must have been while fighting in the war, we will remember all those brave Sma'knisk on November 11, Remembrance Day. We would like to wish Sicily and Arellaina a happy birthday in November!



## Grade Six...

Ms. Helena Sack

Hello November! Halloween is over and we are getting prepared for Remembrance Day and Christmas. The grade sizes have been becoming situated with the "new normal" by sanitizing and wearing masks. Covid has been a tough transition but we are beating it! The grade six has been looking at immigration and the circumstances of their immigration. In Science, we are exploring Diversity of Life. This allows us to discover biology and the animal kingdom. In Math, we are working on patterning and function tables. In Health, we are learning about healthy nutrition and hygiene. We've had a busy month and we are looking forward to more busy days!

## Grade Nine...

Mr. Steve DeLisle

Junior High School Math

This month the grade 7-math class has been learning about transformations by graphing translations, reflections and rotations on a coordinate grid.

The grade 8-math class has been learning about adding/subtracting and multiplying/dividing integers. They've discovered that we use integers when we talk about weather, finances, sports, geography and science.

The grade 9-math class has been performing multiple operations with positive and negative rational numbers (fractions and decimals).

## Elementary Learning Centre...

Ms. Jo-Anne Julian

No Submission

## Guidance (High School)...

Mr. Bryan Brooks

No Submission

## Grade Ten...

Ms. Carol Howe

Students in Visual Arts 10 are done most fundamental elements of art and will be starting a more in depth study of some classic styles of painting within art history. For example, Leonardo Da Vinci and his inventive drawings of his times. Also, use of colour and mood from Van Gogh. It should be an interesting month ahead of discovery.

In Child Studies students have been working on child development stages and have completed two powers points, one on each stage, two months and four months. Students became aware that all babies, no matter culture or location, do the exact same things at the same age.

Film Video Production 12 class has finally decided to do a class film on Missing and Murdered Indigenous Woman Awareness. Students will be doing all the pre-production writing and preparing props. Once we learn camera use, you might see us out and about in the community, as the settings already chosen are within the community. We are also aspiring to submit this film to the National Indigenous Arts competition for this year.



## Vice Principal Message...

Ms. Amy Maloney

Hello everyone,

With the month of October going by very quickly, we are celebrating in a very different way. Since we can't go out to the pumpkin patch, we created our own LSK Pumpkin Patch, with some help from our students. This event took place on October 28<sup>th</sup>. All students were able to choose their own pumpkin. It was an exciting day!



I want to take this opportunity to say a big THANK YOU to all our staff. They have been giving it 110% here at school and I just want to let you know that you are very much appreciated for all that you do.

Reminder, with the weather turning cooler, it may be time to bring out the winter clothing. Please make sure your child is dressed appropriately, especially for any outdoor activities.

Wela'liog,  
Ms. Amy Maloney, Vice Principal

## NOVEMBER BIRTHDAYS...

01 – Mrs. Elizabeth Nevin  
02 – Madius Julian (3)  
02 – Kiah Paul (9)  
03 – Houston Maloney (9)  
04 – Xavier Maloney (3)  
07 – Dredyn Sack-Nevin (5)  
09 – Quill Gehue-Knockwood (K4)  
09 – Ava Robinson (Primary)  
09 – Sabrina Sack (K4)  
12 – Roland Marr (3)  
13 – Stephanie Nevin-McDonald (5)  
14 – Mr. Morgan MacDonald  
15 – Zoe Paul (12)  
16 – Ms. Tania Gould

16 – Cruz Julian (6)  
18 – Ms. Sheila Nevin  
19 – Lance Bernard (3)  
20 – Martial Thieboux (2)  
22 – Zailyn Sack (3)  
23 – Arellaina Augustine (Primary)  
24 – Sicily Michael (Primary)  
25 – Oliver Gehue (3)  
26 – James Hennessey (K4)  
26 – Penelope Nevin (K4)  
27 – Liberty Aubert (4)  
27 – Kynlee Doucette (1)  
28 – Jolie Marshall (One)  
30 – Kohl Brooks (2)  
30 – Ms. Shirley Nevin

## UPCOMING EVENTS...

01 – Daylight Savings Time Ends (Clocks go back one hour!)

10 – Grades 9 to 12 Midterm Report Card Day

11 – Remembrance Day (No School)

13 – Professional Development Day (No Classes)

17 – Grade 7 Immunization

17 – Flu Shots for Staff

23 – K4 to 8 Report Card Day



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