

LSK

# NEWSLETTER

December 2021

## Acting Principal's Message

Mrs. Sharon Culbertson

### Kesikewiku's

I would like to take a few minutes to thank everyone who have supported me during my time as the acting principal. It has been quite the learning curve, but with everyone's support, I have managed to stay on top of things. Thank you to the Chief and Council for their confidence in my ability to act as a temporary fill in. Special thanks to Velvet, HR, MK and to our wonderful staff here at LSK. Everyone has been so supportive and helpful.

For our staff who are currently on medical leave, I wish you all the best for this holiday season and hope to see you all in the new year. Make sure you take care of yourselves and be good... Santa is watching!

Our elementary Mi'kmaw teachers are going to be busy for the next few weeks. They will be creating the Christmas concert program with our students. Our film and video students will be responsible for recording and editing the concert. Due to Covid protocols, our concert will be filmed for viewing at a later date.

Speaking of Covid, a notice was sent home regarding one of our teachers who might have been in contact with an infected person. Please feel assured that our Health Centre and 811 were contacted asap. Following the covid protocols, that teacher was asked to leave the building immediately and the classroom was closed. Students were redirected to another classroom prior to the start of classes and the classroom was thoroughly cleaned. The teacher has since tested negative and will be retested again prior to returning to work. Every Monday our staff are required to complete a covid test before coming in to work. We are doing everything in our power to keep our staff and students safe.

There are also some cases of Hand-Foot-and-Mouth Disease (Coxsackievirus). It is usually a mild infection and the virus lives in the mouth, throat and feces of an infected person. It may take 3-6 days before symptoms appear... sores inside the mouth (tongue & gums) and/or blisters on the hands and feet. Your child should stay home until the fever passes and the blisters/sores dry up. This is a very contagious disease.

The Scholastic Book Fair is finally back after two years of cancellations. The dates for the book fair are from December 6<sup>th</sup> to 10<sup>th</sup>. Due to covid protocols our fair will be a little different this year. Parents/guardians and community members will be able to shop between 3pm to 5pm. You will be asked to show your proof of full vaccination, wear a mask, hand sanitize and maintain social distancing. This is for the protection of students and staff

The staff here at LSK would like to say... Etawey Wli Nipi Alusutman aq Pusu'l Puna'ne. Merry Christmas and Happy New Year! Enjoy your time with your loved ones... and remember... kindness goes a long way, especially to those in need.



### Upcoming Events

- 1<sup>st</sup> – School closed due to maintenance
- 6<sup>th</sup> to 10<sup>th</sup> – Scholastic Book Fair (open daily for students to shop; 3pm to 5pm for parents/guardians)
- 16<sup>th</sup> – Turkey dinner for staff and students
- 21<sup>st</sup> – Last Day of School
- 24<sup>th</sup> – Christmas Eve
- 25<sup>th</sup> – Christmas Day –  
MERRY CHRISTMAS!!
  
- January 01<sup>st</sup> – Happy New Year!!
  
- January 04<sup>th</sup> – No classes; Professional Development Day for teachers/staff
  
- January 05<sup>th</sup> – Classes resume



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## ***Hand-Foot-And-Mouth Disease (Coxsackievirus)***

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### **What is Hand-Foot-And-Mouth Disease?**

- Hand-Foot-And-Mouth Disease is an illness caused by the coxsackievirus. It occurs most often in the summer and fall months. It is usually a mild infection.
- The virus lives in the mouth, throat and feces of an infected person. It is spread by direct contact or breathing in the virus that is coughed or sneezed into the air by an infected person.

### **Who Can Get Hand-Foot-And-Mouth Disease?**

- Anyone can get this disease, however, people who work with diapered infants and young children are more at risk of getting the virus.

### **What are the Symptoms?**

- It could take 3-6 days before symptoms appear.  
Symptoms may include:
  - Sores inside the mouth (tongue and gums)
  - Blisters on the hands and feet. Sometimes there may be blisters on the buttocks as well.

### **What is the Treatment?**

- Usually no treatment is needed. Paracetamol will relieve fever and discomfort. Do not give children aspirin.
- Allow blisters to dry naturally. The blisters should not be deliberately burst because the fluid within them is infectious.
- Make sure young children are drinking enough, as painful mouth sores can make some children reluctant to swallow liquid.

### **How long should children stay away from childcare and school?**

- Children with hand-foot-and-mouth disease should be excluded from school or childcare facilities until their blisters have dried up, and any fever has settled.
- During this exclusion period they should also avoid activities and places where they will be in contact with others, such as swimming lessons and playground/centres, to avoid spreading this very contagious disease.

### **How it is prevented?**

- Wash hands with soap and water and thoroughly dry them after going to the toilet, before eating, after wiping noses, and after changing diapers or soiled clothing.
- Avoid sharing cups, eating utensils, items of personal hygiene (example: towels, washers and toothbrushes) and clothing (especially shoes and socks).

## HAPPY BIRTHDAY...

03<sup>rd</sup> – Jaici Syliboy  
 03<sup>rd</sup> – Jace Syliboy  
 04<sup>th</sup> – McKenna Maloney  
 04<sup>th</sup> – Nadalia Paul  
 05<sup>th</sup> – Conner Michael  
 06<sup>th</sup> – Drazen Meuse  
 07<sup>th</sup> – Kayli Marr  
 07<sup>th</sup> – Ms. Helena Sack  
 09<sup>th</sup> – Ms. Angela Maloney  
 13<sup>th</sup> – Isabella Francis  
 19<sup>th</sup> – Mrs. Lyn Sack  
 23<sup>th</sup> – Isaiah Brooks  
 25<sup>th</sup> – Jakeira Maloney  
 27<sup>th</sup> – Dallas Maloney  
 28<sup>th</sup> – Jeffrey Paul



## High School Science/Math...

Mr. Morgan MacDonald

In Math 10, we have just finished up our study of polynomials and are now starting Roots and Powers.

In Math 11, we are working on linear inequalities.

In Physics 12, we had a lot of fun learning about projectiles and are now working on circular motion.

## Grade Two...

Mr. Tyler Schussler

November was a month filled with lots of experiences that were both fun and educational. In literacy, our class explored a variety of fictional texts that expanded our knowledge of writing, listening and reading. Our school also commemorated Remembrance Day during the month of November with a ceremony announced over the PA system. Due to the COVID-19 our school wasn't able to host the traditional type of Remembrance Day ceremony however, our school created a ceremony that included readings of poetry over the intercom, so that we could enjoy it from the safety of our classroom. Students also participated in an LSK poster contest, where students had to create a Remembrance Day themed poster.

As the month of December sets in, we'll continue working on literacy and math skills right up until Christmas break. The big difference is, this time of year is especially fun because Christmas themed activities can be sprinkled into as many lessons as it takes to get everyone in the Christmas spirit. Art and Music will both be heavily influenced by the theme of Christmas too. It's an exciting time to be in the classroom because students had to attend school virtually around this time last year and now they'll get to experience all the fun learning experiences and opportunities that come with the month of December.

## High School Learning Centre...

Mr. Robert MacIntosh

Well, it's that time of year again to reflect on what has been and gone. What has been, has been changed, what has not gone is COVID. We have adapted and have pushed on. Here at the Learning Center, we have kept a pretty tight ship. We know our roles and all of us have shown that this past year. We believe no child should be left behind. When the team is given a box, we make a circle.

I just want to say thank you to all the folks that the Learning Center come in contact with every day and that everything will be alright in the new year.

Cheers and Merry Christmas!  
 Mr. Mac and the Mod Squad

## K3 to Grade One Mi'kmaq Language...

Ms. Elle Michael

Kwe' All,  
 For the month of December, Early Mi'kmaw Language will be working on making crafts, learning songs and doing for others. This month's teachings are a combination of Love, Respect, Truth and Humility. Thinking of others, instead of ourselves!

Wishing you all the best in 2022  
 Kesalul  
 Mise'l & Students

## Junior High Mi'kmaw...

Mr. Greg Marr & Mary Lou Bernard

For the Month of December, students in Junior High Mi'kmaw will be doing project-based learning to help meet outcomes for Mi'kmaw Language. These two projects are: Beaded Christmas ornaments or beaded eagle feathers and Christmas Wreaths.

Outcomes:

**GCO1: Students will be expected to express themselves with respect in the Mi'kmaw language to communicate ideas, information, feelings and experiences.**

**GCO4: Students will be expected to express their understanding of Mi'kmaw history, culture, traditions, values and worldview and articulate, appreciate and practise ways these are rooted in language.**

Specific Curriculum Outcome:

- 6.4.1 demonstrate respectful listening behaviours
- 6.4.2 respond with confidence using Mi'kmaw protocol
- 6.4.3 develop an understanding of the importance of language in Mi'kmaw protocol
- 6.4.4 participate in traditional Mi'kmaw activities



## Elementary Learning Centre...

Ms. Joanne Julian

Hello from the Learning Center:

The Learning Center has surely been busy with the end of first term. The students are doing great this term and we hope that everyone is doing fine in their classes.

The students have been busy with their classes and are looking forward to the holidays.

We are starting our 2nd term; we wish everyone good luck in your 2nd term.

## Grade Primary...

Mrs. Sheri Brooks

The primary students have been busy learning lots of new things throughout November. We explored what peace means and ways to be kind to others while remembering our Sma'knis who fought for our peace and freedom. The students were proud to learn about the many members of our community who fought in the wars.

Our class was very excited for the first snowfall and look forward to many more snowy days! We talked about what clothing we should wear to stay warm and encourage students to bring snow pants and warm coats so they can enjoy their recess break! We are very excited to explore holidays and traditions throughout the month of December, as well as enjoy Christmas music and decorate!

I would like to send a Happy Birthday to Penelope and Jimmy who celebrated in November, and a Happy Birthday to McKenna who will be celebrating in December.



## REMEMBRANCE DAY POSTER CONTEST (November 2021)

Congratulations to our winners...

Grades Primary to three:

- 1<sup>st</sup> Place – Alicia Peter-Paul (grade one)
- 2<sup>nd</sup> Place – Treyson Knockwood (grade one)
- 3<sup>rd</sup> Place – Enzly Augustine (grade two)

Grades four to six:

- 1<sup>st</sup> Place – Kaleirah Sack (grade six)
- 2<sup>nd</sup> Place – Treasure McDonald (grade six)
- 3<sup>rd</sup> Place – Isabella Francis (grade six)

Unique Category:

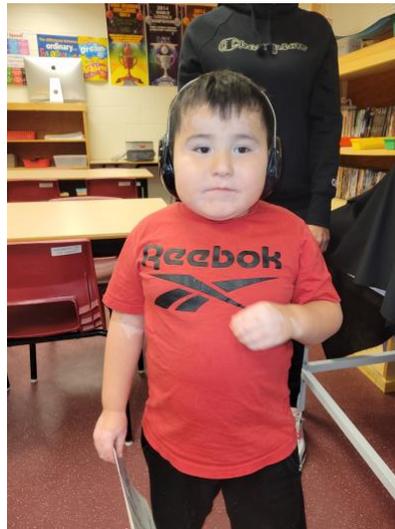
- 1<sup>st</sup> Place – Darren (Cheeks) Peter-Paul (primary)
- 2<sup>nd</sup> Place – Reignn Stephens (primary)
- 3<sup>rd</sup> Place – Zayden Bernard (primary)

Junior High:

- 1<sup>st</sup> Place (tied) – Fiercen White (grade seven) and Cruz Julian (grade seven)
- 2<sup>nd</sup> Place – Jakeira Maloney (grade nine)
- 3<sup>rd</sup> Place – Kayli Raye Marr (grade nine)

Senior High:

- 1<sup>st</sup> Place – Jacobi Lynn Marr (grade twelve)
- 2<sup>nd</sup> Place – Prezley Paul (grade twelve)
- 3<sup>rd</sup> Place – Serenity Julian (grade twelve)



## Grade Three...

Ms. Desiree Gillis

Grade 3 has been having a fantastic year and we are getting excited moving into the holiday season. So far this year, we have covered numbers to 1000, place value and patterning for Math. For English we have been working on our story writing. We have also been working on invisible forces and structures for science. Going forward into December We are hoping to bring the holiday spirit into the classroom with a focus being on helping others and the true meaning of the holidays.

Also, parents are always encouraged to email me if they ever want to talk about their student.

I wish you all a happy holiday season in the coming weeks! Happy Holidays and Merry Christmas.

## Tech Ed...

Mr. G.R. Walters

The month of November developed some cool projects such as garden ornaments, replica bridges and windmills, along with some Remembrance Day projects. As we move into December students will continue to learn about structures and the design process by looking at trusses and framing structures. Students will also get to create some Christmas ornaments and decorations.

## Elementary Resource...

Ms. Leslie Paul

Kew/Hi

November has been a busy month with seventeen students receiving resource support in their Language Arts and/or math skills. Many of our resource students are learning sound-symbol correspondence and/or decoding skills. Every resource student is working at their own pace and making gains in their literacy skills. I believe we are all looking forward to the holidays in December. I hope everyone stays safe and enjoys the upcoming holidays.

If you have any questions or concerns pertaining to the program planning process or elementary resource, please feel free to contact me at the school.

## Early Literacy Intervention...

Ms. Angela Maloney

Kwe'

ELI classes are in full swing and all groups are working hard with their reading and writing skills. Reading everyday has many benefits.

### Research shows that regular reading:

- improves brain connectivity.
- increases your vocabulary and comprehension.
- empowers you to empathize with other people.
- aids in sleep readiness.
- reduces stress.
- lowers blood pressure and heart rate.
- fights depression symptoms.
- prevents cognitive decline as you age.

Happy Holidays and Happy New Year

## Grade Five...

Ms. Rae Williams

It's hard to believe it is December already!

The Grade 5's has been working on creating Ancient Civilization projects highlighting civilizations around the world. They have also been working with understanding area and perimeter as well as continuing to work on multiplication facts. We worked on painting a winter night (kesikewaita'q) silhouette and discussed contrast between light and dark.

During December, we will be learning about creating comparative texts. We will also be focusing on how to maintain a healthy self. This will include mindful eating, nutritional and mental health. Students will be encouraged to look at their own habits and how to keep themselves healthy and happy.

We hope that everyone has a safe and happy end to 2011.

Love, Ms. Rae

## Grade One...

Ms. Helena Sack

November was a busy month in the grade one room. We participated in the Remembrance Day art contest and two of our student's artwork was chosen, congratulations Alicia and Treyson! The grade one's were also busy learning about the weather, our community, nutrition, numbers, and lots more. We are looking forward to the holidays and upcoming Christmas Concert!

## Mi'kmaw Language 2 to 6...

Ms. Tania Gould

Kwe'

Me'katu taeyin Kiskuk?

Christmas time is here again and we are very busy learning our Mi'kmaw songs for you. We are hoping for "All Mi'kmaw Concert" this year! We are also making Christmas crafts using many different materials we can find. I would like to say wela'lioq to all the students and staff in helping me bring back the Happy Birthday song to our community. Have a very Merry Christmas and Happy New Year. Wili- Nuelewimk aq Puna'ne'wimk.



Kiskuk – today

Wulaku – yesterday

Panu'ne'wimk – New Year

Mekwe'k – red

Stoqn – Fir tree

Jijuekl – jingle bells

Papitaqnn – toys

Kloqowej – star

Kesik – winter

Nuelewimk – Christmas

Stoqnamu'k – green

Santi Ka's – Santa Claus

Tsiknn – stockings

Qualipu – reindeer

Kanti – candy



## Grade Seven...

Ms. Erika Hilchey

Hello!

Wela'lin to parents and guardians for taking time out of your day to take our calls on parent teacher day. It was great to connect with you!

Before we know it, the holiday break will be here. Students are already counting down the days. There will be a few fun activities in the weeks leading up to the break. Students in grade 7 have asked to decorate our door and are looking forward to this. They are hoping to get other classes involved in the festivities.

Etaway Wli-nipi-alasutman aq Pusu'l Puna'ne

Ms. Hilchey



## Grade Four...

Ms. Tabetha Stephens

Kwe' from Grade Four,

December is here and we only have a few weeks left of year 2021. December will surely be an exciting and educational month. We are finishing off our first term units. In Science students are finishing up their habitat dioramas and their PowerPoint slides about their animal they researched. They will be presenting them to the class in the first week of December. In Language Arts, we are well into the book called, The One and Only Ivan. Once we finish reading the book, we will watch the movie to compare and contrast. In Math, we are currently learning about Perimeter & Area and Multiplication Facts.

The Grade 4s will be doing a Secret Santa exchange for our Christmas party in December. A letter was sent home with a student's name. To make it fair for everyone, we are asking that you only spend a maximum of \$5 dollars.

Shout-out to Theresa Levi. Thank you for the Christmas fidget Toy Advent calendar. We will be doing daily draws to win a fidget toy.

Happy Birthday shout-outs Isaiah Brooks on the 23<sup>rd</sup> and Dallas on the 27<sup>th</sup>. Happy Birthday guys; we hope you enjoy your special day!

Nipi-Alasutmamk- Aqq Puna'ne'wimk- Merry Christmas and Happy New Year!

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